

Men's White (from 1st April 2024)

Course Rating 66.2TM Par 66 Slope^R 115

Handicap Index		Course Handicap	Handicap Index		Course Handicap
+5.0 to +4.7	+5	25.9 to 26.8	27		
+4.6 to +3.7	+4	26.9 to 27.8	28		
+3.6 to +2.7	+3	27.9 to 28.7	29		
+2.6 to +1.7	+2	28.8 to 29.7	30		
+1.6 to +0.7	+1	29.8 to 30.7	31		
+0.6 to 0.2	0	30.8 to 31.7	32		
0.3 to 1.2	1	31.8 to 32.7	33		
1.3 to 2.2	2	32.8 to 33.7	34		
2.3 to 3.2	3	33.8 to 34.6	35		
3.3 to 4.2	4	34.7 to 35.6	36		
4.3 to 5.2	5	35.7 to 36.6	37		
5.3 to 6.1	6	36.7 to 37.6	38		
6.2 to 7.1	7	37.7 to 38.6	39		
7.2 to 8.1	8	38.7 to 39.5	40		
8.2 to 9.1	9	39.6 to 40.5	41		
9.2 to 10.1	10	40.6 to 41.5	42		
10.2 to 11.1	11	41.6 to 42.5	43		
11.2 to 12.0	12	42.6 to 43.5	44		
12.1 to 13.0	13	43.6 to 44.5	45		
13.1 to 14.0	14	44.6 to 45.4	46		
14.1 to 15.0	15	45.5 to 46.4	47		
15.1 to 16.0	16	46.5 to 47.4	48		
16.1 to 16.9	17	47.5 to 48.4	49		
17.0 to 17.9	18	48.5 to 49.4	50		
18.0 to 18.9	19	49.5 to 50.4	51		
19.0 to 19.9	20	50.5 to 51.3	52		
20.0 to 20.9	21	51.4 to 52.3	53		
21.0 to 21.9	22	52.4 to 53.3	54		
22.0 to 22.8	23	53.4 to 54.0	55		
22.9 to 23.8	24				
23.9 to 24.8	25				
24.9 to 25.8	26				

Men's Yellow (from 1st April 2024)

Course Rating 65.0TM Par 66 Slope^R 113

Handicap Index		Course Handicap	Handicap Index		Course Handicap
+5.0 to +4.6	+6	25.5 to 26.4	25		
+4.5 to +3.6	+5	26.5 to 27.4	26		
+3.5 to +2.6	+4	27.5 to 28.4	27		
+2.5 to +1.6	+3	28.5 to 29.4	28		
+1.5 to +0.6	+2	29.5 to 30.4	29		
+0.5 to 0.4	+1	30.5 to 31.4	30		
0.5 to 1.4	0	31.5 to 32.4	31		
1.5 to 2.4	1	32.5 to 33.4	32		
2.5 to 3.4	2	33.5 to 34.4	33		
3.5 to 4.4	3	34.5 to 35.4	34		
4.5 to 5.4	4	35.5 to 36.4	35		
5.5 to 6.4	5	36.5 to 37.4	36		
6.5 to 7.4	6	37.5 to 38.4	37		
7.5 to 8.4	7	38.5 to 39.4	38		
8.5 to 9.4	8	39.5 to 40.4	39		
9.5 to 10.4	9	40.5 to 41.4	40		
10.5 to 11.4	10	41.5 to 42.4	41		
11.5 to 12.4	11	42.5 to 43.4	42		
12.5 to 13.4	12	43.5 to 44.4	43		
13.5 to 14.4	13	44.5 to 45.4	44		
14.5 to 15.4	14	45.5 to 46.4	45		
15.5 to 16.4	15	46.5 to 47.4	46		
16.5 to 17.4	16	47.5 to 48.4	47		
17.5 to 18.4	17	48.5 to 49.4	48		
18.5 to 19.4	18	49.5 to 50.4	49		
19.5 to 20.4	19	50.5 to 51.4	50		
20.5 to 21.4	20	51.5 to 52.4	51		
21.5 to 22.4	21	52.5 to 53.4	52		
22.5 to 23.4	22	53.5 to 54.0	53		
23.5 to 24.4	23				
24.5 to 25.4	24				

Men's Red (from 1st April 2024)

Course Rating 63.8TM Par 66 Slope^R 110

Handicap Index		Course Handicap	Handicap Index		Course Handicap
+5.0 to +4.5	+7	25.4 to 26.4	23		
+4.4 to +3.4	+6	26.5 to 27.4	24		
+3.3 to +2.4	+5	27.5 to 28.4	25		
+2.3 to +1.4	+4	28.5 to 29.4	26		
+1.3 to +0.4	+3	29.5 to 30.5	27		
+0.3 to 0.7	+2	30.6 to 31.5	28		
0.8 to 1.7	+1	31.6 to 32.5	29		
1.8 to 2.7	0	32.6 to 33.5	30		
2.8 to 3.8	1	33.6 to 34.6	31		
3.9 to 4.8	2	34.7 to 35.6	32		
4.9 to 5.8	3	35.7 to 36.6	33		
5.9 to 6.8	4	36.7 to 37.7	34		
6.9 to 7.9	5	37.8 to 38.7	35		
8.0 to 8.9	6	38.8 to 39.7	36		
9.0 to 9.9	7	39.8 to 40.7	37		
10.0 to 10.9	8	40.8 to 41.8	38		
11.0 to 12.0	9	41.9 to 42.8	39		
12.1 to 13.0	10	42.9 to 43.8	40		
13.1 to 14.0	11	43.9 to 44.8	41		
14.1 to 15.1	12	44.9 to 45.9	42		
15.2 to 16.1	13	46.0 to 46.9	43		
16.2 to 17.1	14	47.0 to 47.9	44		
17.2 to 18.1	15	48.0 to 49.0	45		
18.2 to 19.2	16	49.1 to 50.0	46		
19.3 to 20.2	17	50.1 to 51.0	47		
20.3 to 21.2	18	51.1 to 52.0	48		
21.3 to 22.2	19	52.1 to 53.1	49		
22.3 to 23.3	20	53.2 to 54.0	50		
23.4 to 24.3	21				
24.4 to 25.3	22				

Find the range containing your Handicap Index in the left column.
 Play with the Course Handicap in the right column which correspond with that range.
 Please make sure the tees you are playing correspond with the tees this table applies to.